



Saints Cyril and Methodius Orthodox Christian Church

A Parish of the Diocese of New England of the Orthodox Church in America

Fr. John Hopko, Pastor • Protodeacon Paul Nimchek

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Sunday, July 28, 2024

5th SUNDAY AFTER PENTECOST – Tone 4. Holy Apostles of the Seventy and Deacons: Prochorus, Nicanor, Timon, and Parmenas (1st c.). St. Pitirím, Bishop of Tambov (1698). Ven. Moses, Wonderworker of the Kiev Caves (Far Caves—13th-14th c.). Martyr Julian of Dalmatia (2nd c.). Martyr Eustathius (Eustace—ca. 321), of Apamea. Ven. Paul of Xeropotamou, founder of the Monastery of St. Paul on Mt. Athos (10th c.). The Smolensk “Hodēgéttria” (“THE GUIDE”) Icon of the Mother of God (brought from Constantinople in 1046). Seraphim-Diveyevo Tenderness Icon of the Mother of God (1885).

<https://www.oca.org/saints/lives/2024/07/28>

Services and Events, Upcoming

(This schedule is subject to change, please confirm the schedule at www.terryvilleorthodoxchurch.org/schedule before coming to Church.)

Sunday morning, July 28, 9:15 AM: Sunday morning Divine Liturgy, then a **Presentation on Prison Ministry**, and then our usual Coffee Social Hour

***Prison Ministry Presentation:** On Sunday morning, July 28, at the conclusion of the Divine Liturgy and before we go down to the Social Hall for Coffee Hour, Leo K. will provide some brief remarks about his recent prison ministry in-person training. Our bishops have asked us to make a point of discussing prison ministry on that Sunday this year.*

Wednesday, July 31, 8:00 AM: Matins (Morning Prayers)

Thursday, August 1, 9:00 AM: ***First Day of the Dormition (Theotokos) Fast:*** Supplicatory Canon (Prayer Service) to the Theotokos, the All-Holy, Ever-Blessed, and Most-Pure Virgin Mary, the Mother of Our Lord, God, and Savior Jesus Christ. (NOTE: The Dormition Fast is observed each year for the two weeks from August 1 until the Feast of the Dormition of the Theotokos on August 15.)

Saturday, August 3, 6:00 PM: Saturday evening Vigil

Sunday morning, August 4, 9:15 AM: Sunday morning Divine Liturgy, followed by our usual Coffee Social Hour

Monday, August 5, Eve of the Feast of Holy Transfiguration, 7:00 PM: Great Vespers and Litya for the Feast of the Holy Transfiguration

Tuesday, August 6, Feast of the Holy Transfiguration, 9:15 AM: Divine Liturgy for the Feast of Holy Transfiguration

Wednesday, August 7, 8:00 AM: Matins (Morning Prayers)

Friday morning, August 9, 9:00 AM, Prayer Service to Saint Herman of Alaska: On Friday morning, August 9, beginning at 9:00 AM, we serve a Service of Prayer and Thanksgiving before the Relics of Saint Herman of Alaska on the occasion of his summer feast day, the 54th anniversary of his formal glorification as a saint.

Saturday, August 10, 6:00 PM: Saturday evening Vigil

Sunday morning, August 11, 9:15 AM: Sunday morning Divine Liturgy, followed by our usual Coffee Social Hour

Wednesday morning, August 14, NO morning service: On Wednesday morning, August 14 we will NOT have Matins (Morning Prayers) in the morning.

Wednesday, August 14, 7:00 PM, Great Vespers and Litya, Eve of Dormition: On Wednesday evening, August 14, beginning at 7:00 PM, we will celebrate Great Vespers and Litya (the festal blessing of the loaves, wheat, wine, and oil) on the occasion of the Eve of the Feast of the Dormition of the Most-Holy Theotokos, the All-Holy and Ever-Virgin Mary.

Thursday morning, August 15, 9:15 AM: On Thursday morning, August 15, beginning at 9:15 AM, we will celebrate Festal Divine Liturgy on the occasion of the Feast of the Dormition of the Most-Holy Theotokos, the All-Holy and Ever-Virgin Mary, the Mother of Our Lord, God, and Savior Jesus Christ.

Saturday, August 17, 6:00 PM: Saturday evening Vigil, followed by the Monthly Rite of General Confession

Sunday morning, August 18, 9:15 AM: Sunday morning Divine Liturgy, followed by our usual Coffee Social Hour

Wednesday, August 21, 8:00 AM: Matins (Morning Prayers)

Saturday, August 24, 6:00 PM: Saturday evening Vigil

Sunday morning, August 25, 9:15 AM: Sunday morning Divine Liturgy, followed by our usual Coffee Social Hour

Wednesday, August 28, 8:00 AM: Matins (Morning Prayers)

Some News and Notes

Vacuuming the Church: We ask that volunteers vacuum the Narthex (entrance area), Nave (main worship space), and Kliros (Choir area) of our Church building each Sunday, *right after the conclusion of the Sunday morning services*. The doing of this uncomplicated, yet needful, task would be a great help. Please consider being this volunteer on at least some occasions. Thank you.

Please, consider hosting Coffee Hour! We need Coffee Hour hosts going forward in the calendar. Please, consider hosting Coffee Hour. Thank you!

Jury Duty! Fr. John H. is scheduled to begin jury duty starting on Tuesday, July 30. We will see how this develops. Fr. John has been called for jury duty quite a few times over the past years, but has never been selected for a jury.

Please, become a Steward of the Diocese of New England by providing a supportive donation!

Dear Members and Friends of Saints Cyril and Methodius Orthodox Church, Terryville, CT:

Glory to Jesus Christ!

Please, become a Steward of the Diocese of New England by providing a supportive donation!

The best way to make a donation is to go to this website and click on the "Donate" button:

<https://dneoca.org/stewardsofnewengland>

Another way to make a donation is to write out a check made out to "The Diocese of New England," and specify that it is for "The Stewards of the Diocese of New England." Then, give that check to Protodeacon Paul Nimchek who is collecting those donations in our Parish.

Stewards of the Diocese of New England (formerly ONE Stewards), supports Youth Activities, Missions, Seminary Scholarships, and Charitable Work in the Diocese of New England. When you become a Steward of the Diocese of New England you are providing funding for these kinds of programs in the Orthodox Church in America's Diocese of New England.

For many of us, a favorite cause to support financially via The Stewards of the DNE is the Annual Diocesan Youth Rally.

Youth Rally is a wonderful program of the Diocese that provides a weeklong, residential, immersive, Orthodox Christian camp experience—led by talented and devout Orthodox Christian clergy and adult leaders—for children between the ages of 10 and 17 in the Diocese of New England. It takes place annually in the month of August. (From 2004 through 2018, Fr. John was the Youth Rally Rector and Director, every summer. And, for many summers a number of our parishioners, including Melanie O., Lucy C., and Macrina H., served as Rally Staff in various capacities.)

Youth Rally is an expensive program, but a fruitful program (literally fruitful in some cases--men and women who have met at Youth Rally have later married and had families!). It costs several hundred dollars per camper to hold Youth Rally, so a generous donation to The Stewards of the Diocese of New England can really, really help.

Thank you for your prayerful consideration of this request to become a Steward of the Diocese of New England. God bless you!

In Christ, gratefully,

Fr. John H.

Archpriest John Hopko, Pastor
www.terryvilleorthodoxchurch.org



New HVAC equipment installed in Parish Community Center to meet the needs of the Plymouth Community Food Panty

The Plymouth Community Food Pantry (PCFP) has been housed in the basement portion of the Terryville Parish Community Center building since 2006. The PCFP (<https://plymouthfoodpantry.org/>) is a wonderful organization that feeds hundreds of less fortunate [Town of Plymouth](#) residents—our neighbors and friends.

Terryville is one of three villages that make up the Town of Plymouth. So, the PCFP helps feed our neighbors, and our Parish participates in the PCFP's work by renting them the premises they occupy in our Community Center building for one dollar a year and the cost of utilities, which are about \$10,000.00 a year. (That comes to about \$834.00 a month, which is an excellent deal for the Food Pantry. No comparable premises in the Town of Plymouth could be rented for that low a price.)

Our Terryville Parish also supports PCFP in other ways, such as providing volunteers who help staff the Food Pantry, and such as encouraging parishioners to support the PCFP with donations of food and money. Also, as a stipulation of the lease, the Pastor of the Terryville Parish is an *ex officio* member of the Food Pantry Board of Trustees. Fr. John Hopko, Terryville Pastor, has been affiliated with the Food Pantry in one capacity or another for more than two decades.

Each time a household visits the PCFP they receive a shopping cart full of food, including fresh meat, dairy, and vegetable products, such as chicken, milk, cheese, eggs, and fresh, locally grown produce. (We don't just hand out cans and boxes of heavily processed foods! We seek to educate others about healthy eating habits.) Clients are generally offered the possibility of visiting the Food Pantry twice a month.

To give an example of the PCFP's work, we can tell you that recently, over the nine month period from July 2023 through March 2024, the PCFP distributed 160,671 pounds of food to its clients, which averages out to about 4,100 pounds of food distributed each week. In March 2024, to talk about a single month, the PCFP served the needs of 176 households, representing 428 people. The Town of Plymouth, as of the 2020 Census, has a population of 11,671, making up 4,734 households.

The Food Pantry is a superb organization that we have been proud to be partnered with, and hope to be partnered with for many years to come.

This spring it became apparent that the old HVAC system in the Community Center Building was inadequate to the needs of the Food Pantry. That old system, installed in the 1980s, provided only heating and no cooling—and cool air is needed in the Food Pantry premises to preserve foodstuffs and to protect the refrigeration units (more than a dozen in total), which protect and preserve the food there, from the risk of overheating. (Refrigeration units, as we know, work much more efficiently when the ambient air is already somewhat cool and dehumidified.)

So, with the support of the Waterbury and Terryville Parish Councils, a grant request was made to the *The Stephen Melnick Charitable Remainder Unitrust* in the amount of \$19,995.00 to fund the replacement of the HVAC equipment in the Community Center building with new heating and cooling units. That grant was awarded by the trustees of the Melnick Trust, and the new HVAC equipment was contracted for and installed. It is now up and running.

The Stephen Melnick Charitable Remainder Trust is a remainder trust established by the late Stephen Melnick, a lifelong member of the Waterbury Parish, to provide funds in support of worthy causes after his passing from this life to eternal life. Stephen entered into blessed repose on 16 December 2012. Memory Eternal!

We pray for Stephen Melnick among our departed founders and benefactors every time we celebrate the Divine Liturgy in our Parish Temple. And, Stephen will be memorialized at the Food Pantry, as the man who gave the gift of cool air, to help preserve and maintain the high quality of the food that is being used to defeat hunger in our area.

Memory eternal, dear Stephen. Your memory is a blessing to us. Memory Eternal!



Looking Ahead

In the Fall! Saturday, October 12, Sisterhood Retreat: A pre-Advent Sisterhood Retreat has been planned for Saturday, October 12. Put that event in your calendar now, and save the date!

September 6 and 7: Myrrh-Streaming Icon to again visit our Area

On Friday and Saturday, September 6 and 7, 2024, the Wonder-working Myrrh-Streaming Icon of the Mother of God (“Kardiotissa”) from Saint George Orthodox Church, Taylor, PA, will be visiting St. Mary’s Ukrainian Orthodox Church, 54 Winter Street, New Britain, CT. The icon last came to our area a few years ago. At that time, many of us made the effort to go and pray before and venerate that holy icon, and to be anointed by the myrrh it exudes, and were deeply edified and moved by that experience.

This icon is known as “Kardiotissa”, which means “Tender Heart”. The icon has this title because it depicts the Virgin Mary holding the Child Jesus in a tender-hearted fashion. This icon has been streaming “myrrh,” which is a sweet-smelling oil, since October 13, 2011. Some members of our parish have been privileged to venerate this icon, and to be anointed with the myrrh that streams from it.

The icon will arrive at Saint Mary’s Ukrainian Orthodox Church in New Britain at 6:00 PM on Friday evening, September 6. At that time a talk about the icon will be given, a prayer service will be served before it, and all present will have the opportunity to be anointed with the myrrh that streams from the icon. Again, on Saturday morning, September 7, beginning at 9:00 AM, the same schedule of events (talk, prayer service, and anointing) will take place.

The Kardiotissa icon has been associated with a number of miraculous occurrences, including the healing of seemingly incurable illnesses, as well as the repentance and conversion of those previously strongly opposed to Christ and His Church.

IMPORTANT NOTE: Please note that it is strictly forbidden to take pictures or video of the icon or events associated with the icon. Every effort is made to maintain pious and sober Orthodox Christian decorum in the presence of the icon, and to avoid any tone or atmosphere of the “sensational.” Although unusual, myrrh-streaming icons do occur from time to time in the life of the Church. Usually, when such an event happens it is understood to be an occurrence for the interior life of the Church, a consolation for the faithful. As such, we Orthodox tend NOT to share too much with those “outside” when an icon begins to stream myrrh. We do not invite in the public, and especially not the media. Rather, we gather in prayer and gratitude, thanking and praising God for His unending love and care for us. + + +

PARISH PRAYER LIST

Again we pray for all victims of disease, disaster, difficulty, warfare, and acts of terror and senseless violence throughout the world—both those who have died and those who have suffered and yet still live. We especially pray for those who mourn the loss of loved ones. Lord, hear us and have mercy!

+ THOSE WHO HAVE DEPARTED THIS LIFE: *Memory Eternal!*

Newly Departed

Robert—request of Helena G. d. 7/19/24
Anthony—acquaintance of the Guba Family d. 7/10/24
(Mat.) Annice O. – a clergy wife d. 7/6/24
(Mat.) Lillian H. – clergy widow in the CT Deanery d. 7/6/24
Jason—cousin of Mike and Jim L. d. 6/27/24

Anniversaries of Repose – Memory Eternal!

Timothy Pogischer 7/28/1935
Walter “Vladimir” Kowaleski 7/28/2000
Anna Ligota 7/30/1930
Solomon Sklarsky 7/30/1947
Libbie “Luba” Prystash 7/30/2000
Anna Pyzankevich 7/31/1913
Nicholas Grella 8/2/1999
Barbara Christophy 8/3/1973
Mary (Pohlod) Maichack 8/3/2016

THOSE IN NEED OF GOD’S MERCY AND HELP

Persons captive and suffering for the Faith

Metropolitan Paul and Archbishop John—hostages in Syria

Those who are sick and suffering

Archpriest Andrew Tregubov—priest in New Hampshire; unwell
Archpriest Vasily G.—unwell and in need of prayers; a diocesan priest
Archpriest Vladimir A.—unwell and in need of prayers; a diocesan priest
Archpriest Vladimir H.—unwell and in need of prayers; a diocesan priest
Subdeacon John Paul—chronic, debilitating back pain
Matushka Ann Sh.—at request of Lynn H.
Matushka Anne Hosking—chronic illness; in need of our prayers
Fyodor (Frank) G.—suffering from Multiple Sclerosis (MS); now back home
JoAnn—acquaintance of Jeanne Moore; ovarian cancer
Katie and Aubrey—a mother & daughter for whom we have been asked to pray
Tanya B.—suffering long-term and lingering effects of brain hemorrhage
Claudia A.—Waterbury parishioner; health challenges and now widowed
Mary Lynn—friend of Donna O.; battling breast cancer
Barbara—friend of Patty N.; unwell and in need of prayerful support
Michael “Mike” L.—ongoing health issues
Paula—friend of Jim L.; struggling with cancer
Dimitri—brother of Carolyn P.; health issues
Thomas—Patty N.’s nephew; battling cancer
Wayne—Donna O.’s father
Dianna—Jennifer W.’s mother; suffering serious and worrisome health problems
Yvonne K.—a person we have been asked to pray for; multiple myeloma
Mark—friend of a parishioner (F.G.); critically ill
Domenic—friend of a parishioner (F.G.); facing serious illness
Louis—friend of a parishioner (F.G.); facing serious illness
Kathy (Katherine) S.—Waterbury parishioner; facing health challenges
Earlene L.—Mike and Jim L.’s mother; health issues
Natonya L.—Mike and Jim L.’s family member; health issues
Bach-Loan—a neighbor of Jeanne M.’s; serious health challenges
Stephen—facing long-term health challenges; at request of Marilou P.
Emily—acquaintance of the Nimcheks; facing serious illness, courageously
Michael “Mike” A.—battling health challenges
Robert Jos.—dealing with health issues
Elizabeth—suffered acute and chronic health issues; friend of Helena G.
Rosemary—member in the New Britain Parish; long-term health challenges
Andrea—mourning loss of loved one; req. of Helena G.
Jon—friend of Forrest and Elaine H., suffering in illness
Mark—a man suffering with cancer; friend of Elaine and Forrest H.
Sonya K.—former W’bury parishioner, health issues
Nyla and Don—at request of John G.; unwell and in need of prayers
Jesse—at request of John G.; unwell and in need of prayers
Jeffrey—at request of John G.; unwell and in need of prayers
Ninoos—at request of John G.; unwell and in need of prayers
Brittany—relative of Pdn. Paul; young woman facing cancer
Juliana—Fr. John’s sister; preparing to undergo back surgery for serious injury

Reader Matthew—friend of Subdeacon John Paul S.; in need of prayers
Oleg—friend of Subdeacon John Paul S.; very worrying diagnosis of health issue
Daniel—son of a friend of Subdeacon John Paul S.; struggling
Bill (“Vasilios”) L.—relative of the Soyvrda Family; unwell and in need of prayers
Joan—grief and chronic illness; req. of Helena G.

Marilou P.—our fellow parishioner
Paul S.—health issues
Holly—an acquaintance of Peter H.; unwell and in need of prayers
Laura—friend of Lenna M.; battling brain cancer
Amber—Louine K.’s granddaughter-in-law.
Ferda (“fair-dah”)—acquaintance of Mark and Karry O.; battling a serious illness
Larissa—daughter of Fr. Michael and Nadia K.; we have been asked to pray for her
Elizabeth S.—mother of an acquaintance of Fr. John’s; battling cancer
Alan—at the request of Cynthia B.; unwell and in need of prayers
Robert—Fr. Justin Gri.’s brother; unwell and in need of prayers
Aaron—Fr. Steven H.’s son; unwell and in need of prayers
George Z.—Fr. George Z.’s son; seriously ill
Timothy—Olena’s husband; recent surgery to address serious illness
Michael—at the request of Nina and John D.; unwell and in need of prayers
Lisa—friend of Helena G.; suffering in illness
Irina—a woman suffering cancer for whom we have been asked to pray
Jacob—family member of Lynn H.; some health issues
Audrey—A.J.’s mother; quite unwell and in need of prayers
Faith—David C.’s cousin; facing health challenges
Daniel—Cynthia B.’s nephew; facing health challenges
Bob B.—friend of Melanie O.; battling cancer
Nolan—friend of Corey F.; unwell and in need of prayers
Jacqueline—a woman for whom we have been asked to pray for general well-being
Michael N.—facing health challenges; our devoted and beloved Choir Director
Tamara B.—recovering from surgical procedure; our fellow parishioner
Forrest H.—unwell and in the hospital; our fellow parishioner
Louine K.—recently unwell; our fellow parishioner
Claudia—Macrina H.’s mother; recent surgery to “pin” broken hip

Shut-ins and those resident in long-term Care Facilities

Dolores M.—Bob M.’s mother; resident in long-term eldercare
Vera M.—now at Anthology in Farmington
Roberta K.—a Waterbury parishioner living in long-term care
Dorothy F.—Waterbury parishioner
Matushka Ann S.—our fellow parishioner; now living in residential care
Forrest H.—our fellow parishioner, now living in residential care

Expectant Mothers and the Children to be born of them

Shelby and the child to be born of her—Mark and Karry O.’s daughter-in-law, Joel’s wife
Maura and the child to be born of her—close friend of Lucy C.
Katy and the child to be born of her—friend of Peter H.
Anya and the child to be born of her—Fr. John’s niece
Therese and the child to be born of her—a friend of the Parish
Teodora and the child to be born of her—Jacob and Teodora J. are our distant parishioners, for now in Serbia, hoping to soon be back in CT
And all the expectant mothers and their children

Travelers, Those Soon to be Traveling, and Those Apart from Us

John K. – traveling this weekend
Matt A. – traveling this weekend
Mark and Karry O. – traveling this weekend
Fr. David and Mat. Melanie – will be traveling
Paul and Claudia – will be traveling
Christyn O. – moving away from CT
And all those traveling during these summer months

Those from among us serving on duty in the Armed Forces

Joel O.—U.S. Navy; hospital corpsman (“medic”)
Shelby—Joel O.’s wife; also a U.S. Navy medic
Derek—relative of Carolyn P.; U.S. Army soldier
Ruben—acquaintance of the Hopkos, U.S. Marines Corps pilot
Zachary W.—Fr. Zachary W.’s son; U.S. Air Force pilot
David—at request of Fr. David K.; U.S. Army medic
John S.—Fr. John’s nephew; a U.S. Navy midshipman

Wedding Anniversaries: None this week

Birthdays

Rev. Fr. David Koles 7/31
Elena Watras 8/2
Tim Osuch 8/2

Pray for Peace!

Please pray for all those throughout the world, known and unknown to us by name, who have died and who are suffering due to armed conflict.

Presently there is significant warfare, causing tens of thousands of deaths and incredible suffering, ongoing in Ukraine, in the Middle East, in Myanmar, in the Maghreb, in Ethiopia, and in Sudan. There are lesser conflicts going on in many other places, as well, costing thousands more deaths. To give but one example, the ongoing drug war in Mexico has cost thousands of lives.

Please, pray for peace. Pray for those who have died. Pray for those who yet still live, but who have been victimized. Pray for all those who have suffered loss. Lord, hear our prayer!

Scripture Readings, etc.

Follow this link, to be taken to a section of the official Orthodox Church in America website at which you can access the Daily Scripture Readings, the Lives of the Saints arranged day-to-day throughout the year, catechetical (instructional) material about the Orthodox Faith, and section featuring Questions and Answers about the Orthodox Faith:

<https://www.oca.org/orthodoxy>

The End! Glory be to God!

